

K5 LTP 21/22 Overview

Autum	Halfterm 1								Halfterm 2							
Date	23/08/21	30/08/21	06/09/21	13/09/21	20/09/21	27/09/21	04/10/21	11/10/21	25/10/21	01/11/21	08/11/21	15/11/21	22/11/29	29/11/29	06/12/21	#####
	Introduc tion week	Bank Holiday	1.1/1.2	2.1	CS	3.1	CS	3.2	3.3	4.1	Catch up	CS	Plan Christmas Games		Delivery Christma s Games	Catch up Week
Spring	Halfterm 1							Halfterm 2								
Date	03/01/22	10/01/22	17/01/22	24/01/22	31/01/22	07/02/22	21/02/22	28/02/22	07/03/22	14/03/22	21/03/22	28/03/22	04/04/22			
	1.1	1.1	2.1	2.1	CS	2.2	2.3	CS	2.4	2.4	2.4	CS	2.5			
Summer	Halfterm 1					Halfterm 2					Mon/Tue ?					
Date	25/04/22	02/05/22	09/05/22	16/05/22	23/05/22	06/06/22	13/06/22	20/06/22	27/06/22	04/07/22	11th/12t h					
	2.5	2.5	Plan Sports Day				Sports day	3.1	3.1	CS						

Sports Leaders Unit 1 SOW

Key stage 5	Duration: September – December, 16 weeks, 2 hours per week
Aims: Unit 1 - Establishing leadership skills	
Prior Learning:	Resources:
<ul style="list-style-type: none"> Students may have completed OCR national's level 1 which briefly touches on sports leadership. But from the KS4 school curriculum this also touches on essential skills which are used in sports leaders. 	
Assessment:	Cross Curricular Links
<ul style="list-style-type: none"> 1.1 Outline why the identified skills will be necessary for a Sports Leader 1.2 Outline the effect that behaviours can have on leadership skills 2.1 Outline how the identified skills and behaviours might be used in different areas of life 3.1 Audit own leadership skills 3.2 Create an action plan for developing leadership skills 3.3 Reflect on the development of own leadership skills against an action plan 4.1 Outline the responsibilities of the roles that a Sports Leader might take on 	<ul style="list-style-type: none"> Literacy (key words), Maths (scoring, timing), Citizenship (sportsmanship),

Week	Learning Objective	Success criteria	Activity Examples	Work Produced
1	Introduction	<ul style="list-style-type: none"> Identify the requirements for the course. Understand what is expected work and behaviour wise. Apply these to introduction. 	<ul style="list-style-type: none"> PowerPoint introducing the course. Expectation for work produced and behaviour Practical example introducing sports leadership. 	<ul style="list-style-type: none"> Practical showing sports leadership. Outline of folders and initial paperwork filled in.
Bank Holiday		<ul style="list-style-type: none"> 	<ul style="list-style-type: none"> 	<ul style="list-style-type: none">
3	1.1 Outline why the identified skills will be necessary for a Sports Leader 1.2 Outline the effect that behaviours can have on leadership skills	<ul style="list-style-type: none"> Identify what behaviours are. Understand how they may affect leadership skills. Apply how behaviours can affect sports leadership skills. 	<ul style="list-style-type: none"> Worksheets to show knowledge of the skills needed. Teacher to lead practical to show example of the skills 	<ul style="list-style-type: none"> Q&A Worksheets Practical
4	2.1 Outline how the identified skills and behaviours might be used in different areas of life	<ul style="list-style-type: none"> Identify how the skills and behaviours may affect different areas of life Understand how skills and behaviours do affect other areas of life. Apply to real life situations. 	<ul style="list-style-type: none"> Worksheets to show knowledge of the skills needed. Teacher to lead practical to show example of the skills 	<ul style="list-style-type: none"> Q&A Worksheets Practical
5	Community sport			

6	3.1 Audit own leadership skills	<ul style="list-style-type: none"> • Identify their own leadership skills. • Understand how to audit and evaluate their own skills. • Apply the knowledge to evaluate their own leadership skills. 	<ul style="list-style-type: none"> • Worksheets to show knowledge of the skills needed. Evaluation will be created • Teacher to lead practical to show example of the skills 	<ul style="list-style-type: none"> • Q&A • Worksheets • Practical
7	Community sport			
8	3.2 Create an action plan for developing leadership skills	<ul style="list-style-type: none"> • Identify what an action plan is. • Understand how to create an action plan. • Apply and create the action plan and put into practice. 	<ul style="list-style-type: none"> • Worksheets to show knowledge of the skills needed. Action plan will be created and practised to develop and improve skills. • Teacher to lead practical to show example of the skills 	<ul style="list-style-type: none"> • Q&A • Worksheets • Practical
9	<ul style="list-style-type: none"> • 3.3 Reflect on the development of own leadership skills against an action plan 	<ul style="list-style-type: none"> • Identify what reflection is. • Understand how to reflect on their own action plan. • Apply and produce a reflected bit of work and the action plan. 	<ul style="list-style-type: none"> • Worksheets to show knowledge of the skills needed. Action plan will be created and practised to develop and improve skills. • Teacher to lead practical to show example of the skills 	<ul style="list-style-type: none"> • Q&A • Worksheets • Practical
10	4.1 Outline the responsibilities of the roles that a Sports Leader might take on	<ul style="list-style-type: none"> • Identify what responsibilities of the roles that a Sports Leader might take on 	<ul style="list-style-type: none"> • Worksheets to show knowledge of the skills needed. . 	<ul style="list-style-type: none"> • Q&A • Worksheets • Practical

		<ul style="list-style-type: none"> • Understand the difference between the different roles. • Apply to work. 	<ul style="list-style-type: none"> • Teacher to lead practical to show example of the skills 	
11	Catch up week	•	•	•
12	Community sport	•	•	•
13	Plan Christmas Games	<ul style="list-style-type: none"> • Identify how to plan an event • Understand how to plan an event • Apply to the Christmas games, plan and delivery the event. 	<ul style="list-style-type: none"> • Plans • Posters • Results sheets • Risk assessment 	<ul style="list-style-type: none"> • Practical
14				
15	Delivery Christmas Games	<ul style="list-style-type: none"> • Successfully lead and assist leading different activities at the Christmas games. 	<ul style="list-style-type: none"> • Practical 	Practical
16	Catch up Week	<ul style="list-style-type: none"> • Identify work that missing or that needs improving • Understand how to do this work or improve it. • Apply and complete the unit to the required standard. 	<ul style="list-style-type: none"> • Worksheets to show knowledge of the skills needed. . 	<ul style="list-style-type: none"> • Q&A • Worksheets • Practical

Sports Leaders Unit 2 SOW

Key stage 5		Duration: September – December, 16 weeks, 2 hours per week
Aims: Unit 1 - Establishing leadership skills		
Prior Learning:		Resources:
<ul style="list-style-type: none"> Students may have completed OCR national's level 1 which briefly touches on sports leadership. But from the KS4 school curriculum this also touches on essential skills which are used in sports leaders. 		
Assessment:		Cross Curricular Links
<ul style="list-style-type: none"> 1.1 Plan sport/physical activities 2.1 Use effective communication skills when assisting in the leading of sport/physical activities 2.2 Use effective organisational strategies when assisting in the leading of sport/physical activities 2.3 Use effective motivation methods when assisting in the leading of sport/physical activities 2.4 Adapt an activity in line with the needs of the participant(s) 2.5 Lead sport/physical activities 3.1 Review own role in leading sport/physical activities 		<ul style="list-style-type: none"> Literacy (key words), Maths (scoring, timing), Citizenship (sportsmanship),

Week	Learning Objective	Success criteria	Acticty Examples	Work Produced
1	1.1 Plan sport/physical activities	<ul style="list-style-type: none"> Identify how to plan physical activities Understand what's included in a session plan Apply understanding and create a session plan 	<ul style="list-style-type: none"> Session Plan Practical examples of sessions plans Paper work 	<ul style="list-style-type: none"> Q&A Worksheets
2				
3	2.1 Use effective communication skills when assisting in the leading of sport/physical activities	<ul style="list-style-type: none"> Identify different communication skills needed. Understand why those skills are needed. Apply into practical situations. 	<ul style="list-style-type: none"> Practical sessions Assisting the teacher deliver a practical session. 	<ul style="list-style-type: none"> Practical session helping the teacher. Q&A
4				
5	Community sport		.	
6	2.2 Use effective organisational strategies when assisting in the leading of sport/physical activities	<ul style="list-style-type: none"> Identify the different organisation strategies. Understand how to carry them out. Apply them in a practical setting. 	<ul style="list-style-type: none"> Practical sessions Assisting the teacher deliver a practical session. 	<ul style="list-style-type: none"> Practical session helping the teacher Q&A
7	2.3 Use effective motivation methods when assisting in the leading of sport/physical activities	<ul style="list-style-type: none"> Identify different motivation methods Understand how to use them. Apply these in a practical setting. 	<ul style="list-style-type: none"> Practical sessions Assisting the teacher deliver a practical session. 	<ul style="list-style-type: none"> Practical session helping the teacher Q&A
8	Community Sport			

9	2.4 Adapt an activity in line with the needs of the participant(s)	<ul style="list-style-type: none"> Identify how to adapt sports Understand why you need to adapt sports to meet different needs Apply this into real life sessions. 	<ul style="list-style-type: none"> Practical sessions Students come u with ideas to change sports to meet the needs of students within the class. 	<ul style="list-style-type: none"> Practical session helping the teacher Q&A Brain Storm of ideas
10				
11				
12	Community Sport	<ul style="list-style-type: none"> 		
13	2.5 Lead sport/physical activities	<ul style="list-style-type: none"> Identify what leading an activity means Understand what it takes to lead a session. Apply this and lead multiple sessions to peers. 	<ul style="list-style-type: none"> Practical session Session plans Risk assessment 	<ul style="list-style-type: none"> Practical session helping the teacher Q&A Session plan Risk assessment
14				
15				
16	Planning Sports Day	<ul style="list-style-type: none"> Identify how to plan an event Understand how to plan an event Apply to the Christmas games, plan and delivery the event. 	<ul style="list-style-type: none"> Plans Posters Results sheets Risk assessment 	<ul style="list-style-type: none"> Practical
17				
18				
19				
20	Sports day	Delivery Sports day		
21	3.1 Review own role in leading sport/physical activities	<ul style="list-style-type: none"> Identify what a review is. 	<ul style="list-style-type: none"> Worksheets Evaluation 	<ul style="list-style-type: none"> Q&A Worksheets
22				

		<ul style="list-style-type: none"> • Understand how to review and evaluate. • Apply this and create an evaluation. 	•	<ul style="list-style-type: none"> • Booklet
23	Community sport			