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Where we aspire, nurture, personalise,  
engage and promote success

2<sup>nd</sup> September 2020

Dear Parents/Carers,

At Maplewell Hall School we put the mental health and wellbeing of our students at the forefront of our minds and have many different avenues and interventions in place to help our young people return to the new normal.

The students will be working closely with the Preparation for Adulthood (P4A) teachers, monitoring feeling and anxieties whilst developing skills that will not just help them presently but should give them the appropriate tools to help them in their adult lives.

As a part of our 'Recovery Curriculum' we are delivering a three week programme where we are closely assessing the students in P4A lessons to see if any other interventions are needed to support individuals who are struggling.

Teachers are encouraged to ensure students have opportunities to:

- develop coping skills and self-care techniques
- talk about their experiences during the outbreak
- have one-to-one conversations with trusted adults, if needed
- learn about topics related to Coronavirus (e.g. how to stay alert)
- renew and develop friendships and peer groups
- take part in other enriching developmental activities

Training was included within our teacher INSET days where all staff had access to what will be delivered within the P4A lessons and the facts and figures about how COVID-19 may have affected our young people and how we can help them.

The COMPASS team are already working closely with any anxious students and parents. They are spending the next few weeks visiting each class, talking to the students, observing them and gaining information from teachers so they can gain a better understanding of the support each student requires.

This information will also help us provide the right interventions to those who need them.

Other support is as follows:

- Long & medium term intervention where it's required or identified.
- Intervention staff drop in rounds in the morning
- Breakfast club
- After school club



- Relaxation room
- Counselling service for staff and students
- Staffed COMPASS department throughout the day for immediate attention and care where required
- Social stories

After the first two weeks, members of the COMPASS team will be doing regular drop-ins to tutor groups and for students who need a quick check in.

The whole school is implementing mindfulness daily. This is being delivered in the form of meditation and the teaching of gratitude. Training was also given to staff during our INSET days on how to deliver this, and future training will be given during the term. We believe this will help support the students transition back in to school by giving them new tools to help remain calm and build resilience.

Our Home School Link workers are providing daily support to many parents and have knowledge on outside agencies that can help during this time.

We have been so impressed so far with the sheer resilience of our students here at Maplewell. It is truly a privilege to work them.

Yours sincerely,  
Mrs Daniella Stanton  
P4A Subject Lead