



# Homework Project

Every November schools right across the UK take part in Anti-Bullying Week. This is an opportunity to highlight bullying and consider the steps we can take together to stop it. Anti-Bullying Week 2023 is taking place from Monday 13th to Friday 17th November this year and it has the theme 'Make a Noise about Bullying'.

Enjoy - Aspire - Challenge

Enjoy

Achieve

Aspire

These three categories are the levels of difficulty of each task. So choose a task that suits your ability but make sure it challenges your skills.

**Due date:**

**20<sup>th</sup> November 2023**

Mrs Stanton will mark your project. There are achievement points available for effort and the most imaginative pieces. Outstanding projects will be celebrated and displayed around the school. Winners of the best homework pieces will receive prizes.



**Anti Bullying Week**

**13th Nov to 17th Nov 2023**

**THE ANTI-BULLYING WEEK 2023 CALL TO ACTION**

“Too often, we are silent when we see bullying take place, silent about the hurt bullying causes, and silent when we hear bullying dismissed as ‘just banter.’

Together, we can make a difference and take a stand against bullying. From the playground to Parliament, and from our phones to our homes, let’s make a noise about bullying. “

This Anti-Bullying Week let’s come together to have discussions about what bullying means to us, how banter can turn into something more hurtful, and what we can do to stop bullying. Together, we can make a difference and take a stand against bullying.

Some of these task might be new to you but some you may do already, which it great. Being as helpful as possible is key to the success of this homework.



**Is it bullying?**

**S**everal  
**T**imes  
**O**n  
**P**urpose

kidscape



# 4 Types of BULLYING

PHYSICAL Bullying	VERBAL Bullying	SOCIAL Bullying	CYBER Bullying
<ul style="list-style-type: none"> <li>Hitting, kicking, slapping, pinching, spitting, tripping, pushing, blocking</li> <li>Stealing or destroying someone's possessions</li> <li>Making mean or rude hand gestures</li> <li>Touching in unwanted and inappropriate ways</li> </ul>	<ul style="list-style-type: none"> <li>Name calling</li> <li>Insults</li> <li>Teasing</li> <li>Intimidation</li> <li>Homophobic or racist remarks</li> <li>Inappropriate sexual comments</li> <li>Taunting</li> <li>Threatening to cause harm</li> </ul>	<ul style="list-style-type: none"> <li>Lying and spreading rumors</li> <li>Leaving someone out on purpose</li> <li>Telling others not to be friends with someone</li> <li>Embarrassing someone in public</li> <li>Damaging someone's social reputation or relationships</li> </ul>	<ul style="list-style-type: none"> <li>Posting/sending hurtful texts emails or posts, images or videos</li> <li>Making online threats</li> <li>Imitating others online or using their log-in</li> <li>Deliberately excluding others online</li> <li>Spreading nasty gossip or rumors online</li> </ul>

**ZoCo**



This homework is an opportunity to highlight bullying and consider the steps we can take together to stop it. Anti-Bullying Week 2023 is taking place from Monday 13th to Friday 17th November this year and it has the theme 'Make a Noise about Bullying'. Depending on what level this is you may decide to produce a paper copy or design it on google classroom to submit it.

*We are aware that bully is a sensitive topic. Please feel free to contact the school if you need any support.*

# Homework Project

## Blue - Enjoy

Create a poster campaigning against bullying and signposting where you could get help from.

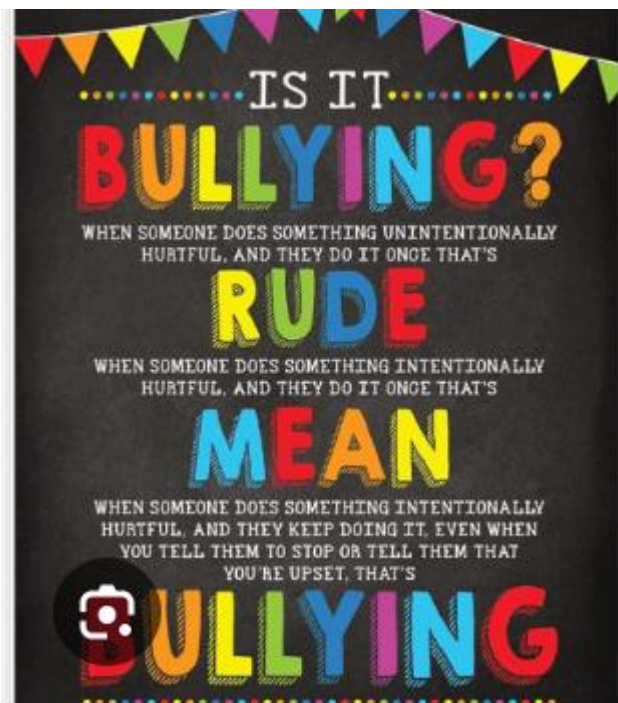
## Purple - Aspire

You will develop a storyboard about bullying. You can draw pictures or take photos of you acting out a scene. You can then write what is happening at each stage of the story.

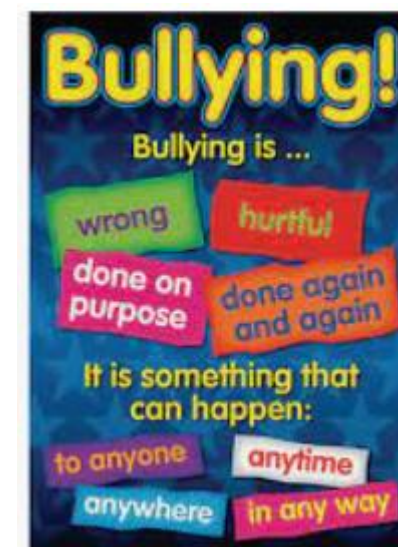
## Red - Challenge

Write and design a book about bullying. Think about the audience you are pitching it to. If it is for a younger audience it could involve animals but if its for a teen audience make it appropriate.

The task you will need to create a poster and a campaign about bullying. You should think about how it will help others and signpost them. Make it big and eye catching with lots of colour. The best ones will be displayed around the school.



"What hurts the victim most is not the cruelty of the oppressor, but the silence of the bystander." ~ Elie Wiesel



### Make A Noise

If you see something, say something! Say it's not ok, say stop!

### Be supportive

When you see someone being bullied, let them know they aren't alone. Ask if they're ok, ask if they'd like your help with dealing with it, or simply say hi!

### Tell a trusted adult

It's always important to let an adult know what's going on. Tell them what you've seen or heard. They're here to help!



Help With Bullying

If you are worried about bullying and need some advice or support you can contact the **Kidscape Parent Advice Line**. You can find out more about it at: [www.kidscape.org.uk](http://www.kidscape.org.uk).

The Anti-Bullying Alliance has lots of tools and resources on our website to help you about bullying: [www.anti-bullyingalliance.org.uk](http://www.anti-bullyingalliance.org.uk)



Purple - Aspire

Create a storyboard about the steps that you can take to help stop bullying. You can think of different situations from physical and verbal bullying to bullying online.

S	T	O	P
<p>Stop it! Don't call me names!</p> <p>You little baby!</p>		<p>Ms. McCall, I don't know what to do. Mike won't stop making fun of me. He's in all my classes and he's getting the other kids to laugh at me.</p>	
<p>Stand up to the bully. Use your words to tell him to STOP hurting you.</p>	<p>Take appropriate action to get away from the bully. Walk or run if need be, or get an adult.</p>	<p>Open up to a trusted adult in your life, like a parent, teacher, coach, or church leader.</p>	<p>Protect yourself from bullies by staying in groups or near teachers.</p>

<p>Search has a problem in talking to her at school. She wants to stop. She's scared and very shy.</p>	<p>She has no friends and that makes her a target of his class mess with her.</p>	<p>The girls started being mean to her. She doesn't know what to do.</p>	<p>"NO + BULLYING" is aimed at people who like Search, suffer bullying.</p>
<p>Search has a problem in talking to her at school. She wants to stop. She's scared and very shy.</p>	<p>She has no friends and that makes her a target of his class mess with her.</p>	<p>The girls started being mean to her. She doesn't know what to do.</p>	<p>"NO + BULLYING" is aimed at people who like Search, suffer bullying.</p>

## Red - Challenge

You will need to create your own children's story book about bullying. I would like you to include a happy ending with positive outcomes. Signposting would also be important to include. You could include a poem too.

