

P4A Curriculum

The **Preparation for Adulthood (P4A)** curriculum at Maplewell Hall School equips every pupil with the knowledge, skills, and personal confidence they need to thrive in an ever-changing world. Rooted in statutory PSHE/RSHE guidance and fully aligned with the **2026 compulsory government updates**, our curriculum is dynamic, responsive, and continuously evolving to reflect new safeguarding priorities, digital developments, and the lived realities of our pupils.

We design P4A with a clear commitment to **inclusion, accessibility, and meaningful learning**. Content is carefully adapted to meet the diverse needs of our SEND community, ensuring that every pupil can access vital information in a way that is developmentally appropriate, emotionally safe, and practically relevant. Through differentiated pathways, scaffolded learning, and real-world application, pupils build essential skills for independence, wellbeing, healthy relationships, employability, and active citizenship.

Our curriculum is shaped by ongoing consultation with pupils, families, staff, and external agencies. This ensures that P4A remains **current, evidence-based, and reflective of emerging challenges** such as digital safety, mental health, coercive control, online identity, financial literacy, and preparation for work and community life. We continually review and update our provision so that pupils receive accurate, age-appropriate, and future-focused learning that empowers them to make informed choices as they move confidently into adulthood.

Learning for life group ks3

Learning for life ks3	Introduction to P4A and expectations	Term 1	Term 2	Term 3
		Welcome- wellbeing survey and roadmap to be completed prior to topics		
Assessment		Self-awareness & self-care support and safety	Managing feelings & changing and growing	Healthily lifestyles & the world we live in
Student to use work booklet format with teachers evidencing from the criteria on G4S's		1 - Introduction to P4A (PHSE education) Self-efficacy 2 - Help & support — trusted adults, signposting, early help 3 - Healthy Lifestyles- Vaping smoking and addiction 4 – Puberty & body changes 5 -Emergency response & basic first aid 6-Digital sleep hygiene 7-Sun safety & skin protection	1 -Types of relationship 2 - Be Kind: bullying & bystander action 3 -Conflict Management 4 -Online safety basics — digital footprint, misinformation, age limits	1 - Skills for learning 2 – Resilience 3 – British Values & Diversity 4 –Introduction to politics & government 5 – Growth Mindset 6 – personal beliefs and attitudes 7-Budgeting basics 8-Online scams & phishing
Assessment criteria on G4S				

Learning for life group ks4

ks4	Introduction to P4A and expectations	Term 1	Term 2	Term 3
		Welcome- wellbeing survey and roadmap to be completed prior to topics		
Assessment Student to use work booklet format with teachers evidencing from the criteria on G4S's		Health and wellbeing Health and Wellbeing 1. Welcome back 2. personal hygiene 3. Healthy Lifestyles 4 – puberty 5 -reproductive systems 6 - making a baby 7 - fertility and contraception	Relationships 1- Bullying 2 - Peer pressure 3 - Managing loss 4 - Pic you Pics 5 - Discrimination in all its forms 6 - Teenage pregnancy awareness	Living in the wider world 1 – Digital Footprint 2 – Skills for employment 4 – Money Management 5 –Global citizenship <u>6- Subscription traps & digital commerce</u>
Assessment criteria on G4S				

Year 7

Assemblies/PM Reg Future sessions

Emotions -Communication and teamwork- Be kind (bullying), Consent

7		Term 1	Term 2	Term 3
	Introduction to P4A and expectations	Welcome- wellbeing survey and roadmap to be completed prior to topics		
Assessment Student to use work booklet format with teachers evidencing from the criteria on G4S's		Health and wellbeing 1 - Introduction to P4A (PHSE education) Self-efficacy 2 - Help & support — trusted adults, signposting, early help 3 - Healthy Lifestyles- Vaping smoking and addiction 4 – Puberty & body changes 5 -Emergency response & basic first aid 6-Digital sleep hygiene 7-Sun safety & skin protection	Relationships 1 -Types of relationship 2 - Be Kind: bullying & bystander action 3 -Conflict Management 4 -Online safety basics — digital footprint, misinformation, age limits	Living in the wider world 1 - Skills for learning 2 – Resilience 3 – British Values & Diversity 4 –Introduction to politics & government 5 – Growth Mindset 6 – personal beliefs and attitudes 7-Budgeting basics

				8-Online scams & phishing
Assessment criteria on G4S				

Year 8

Assemblies/PM Reg Future sessions	personal Hygiene (COMPASS)-Discrimination-Target setting and ambition, consent
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Year 8	Term 1	Term 2	Term 3
	Welcome- wellbeing survey and roadmap to be completed prior to topics		
Assessment Student to use work booklet format with teachers evidencing from the criteria on G4S's	Health and wellbeing 1 – Digital Literacy (Risk and Gambling) 2 - Depression & emotional literacy 3 - FGM Awareness 4 – Reproductive system & consent 5 – Alcohol awareness 6 - Cancer awareness 7- Vaccinations & allergies	Relationships 1 - Bullying & prejudice 2- Discrimination & protected characteristics 3 - Managing loss & bereavement 4 - Gangs & exploitation 5- <u>Coercive control basics</u>	Living in the wider world 1 - Apprenticeships introduction 2 - Skills for employment 3 – Self-discipline & motivation 4 – Money Management 5 –Global citizenship 6- <u>Subscription traps & digital commerce</u>

year 9

Assemblies/PM Reg Future sessions

Human Rights, Consent, stress, PRIDE

Year 9	Term 1	Term 2	Term 3																		
	Welcome- wellbeing survey and roadmap to be completed prior to topics																				
Assessment Student to use work booklet format with teachers evidencing from the criteria on G4S's	Living in the wider world <table><tr><td>1 – Options process</td></tr><tr><td>2 –Applying to college</td></tr><tr><td>3 – Sustainability & environment</td></tr><tr><td>4 - Money saving, loans & interest</td></tr><tr><td>5 – Gambling harms</td></tr><tr><td>6- Tax basics & credit scores</td></tr></table>	1 – Options process	2 –Applying to college	3 – Sustainability & environment	4 - Money saving, loans & interest	5 – Gambling harms	6- Tax basics & credit scores	Health and wellbeing <table><tr><td>1 - Contraception and consent</td></tr><tr><td>2 - STIs & sexual health</td></tr><tr><td>3- Sexuality & identity</td></tr><tr><td>4 - Drugs effects and law</td></tr><tr><td>5- Sexual harassment law</td></tr><tr><td>6- Pornography literacy</td></tr></table>	1 - Contraception and consent	2 - STIs & sexual health	3- Sexuality & identity	4 - Drugs effects and law	5- Sexual harassment law	6- Pornography literacy	Relationships <table><tr><td>1 - sexting & sextortion</td></tr><tr><td>2 - Domestic abuse awareness</td></tr><tr><td>3 - Appreciating diversity</td></tr><tr><td>4 - Teenage pregnancy</td></tr><tr><td>5 - Media, Relationships & influence</td></tr><tr><td>6-AI deepfakes & online radicalisation</td></tr></table>	1 - sexting & sextortion	2 - Domestic abuse awareness	3 - Appreciating diversity	4 - Teenage pregnancy	5 - Media, Relationships & influence	6-AI deepfakes & online radicalisation
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Year 10

Assemblies/PM Reg Future sessions

online presents and representation, Consent, Hate crime

10			
Topic	Term 1	Term 2	Term 3
	Living in the wider world Welcome- wellbeing survey and roadmap to be completed prior to topics 1 – Personal progression Plan 2 – Skills for employment 3 – Applying for employment 4 - Financial decision making 5- Consumer contracts & rights	Relationships 1 – Conflict Management 2 – Revenge Porn & the law 3 – Influence & role models 4 – Sexism and misogyny	Health and wellbeing 1 Grief & coping strategies 2 – Social Anxiety 3 – Social media and self-esteem 4-Wellbeing booster(suicide prevention (Delivered by DS) 5 - Binge drinking 6 - Body Augmentation, cosmetic surgery and sunbeds

		5 – Parenting responsibilities 6- Toxic online subcultures	7- Preventative health screenings
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Year 11

Assemblies/PM Reg Future sessions	Importance of sleep, Consent, Fake news and critical thinking,
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11			
Topic	Term 1 Living in the Wider world Welcome- wellbeing survey and roadmap to be completed prior to topics 1 – Being Organised 2-Transition to more responsibility 2 – Exam stress and Signposting 3 – Perseverance & Procrastination 4- Managing adult health	Term 2 Relationships 1 - Safe sex 2 Consent, rape & sexual abuse awareness 3 – Bullying Body shaming 4 - Relationship Break ups 5- Happiness & Positivity 6- Domestic abuse pathways	Term 3 Health and wellbeing 1 – Digital Footprint 2 – Fertility & reproductive choices 3- Deepfake awareness 4- Online identity management
Assessment			

Post 16: Preparation for Adulthood -Health and wellbeing/ Relationships/ Living in the wider world

Assemblies/PM Reg Future sessions

online presents and representation, consent and contraception , Hate crime . misogyny

post 16			
Topic	Term 1 Living in the wider world Welcome- wellbeing survey and roadmap to be completed prior to topics 1 – Personal safety- traveling in the UK and abroad 2 – First aid- Revising basic skills and deepening understanding 1 and 2	Term 2 Relationships 1 – what kind of person do I want to be for and with others 2 – Managing intimate relationships 3 – Maintaining old and developing new relationships 4 – How can someone be a positive long-term romantic partner	Term 3 Health and wellbeing 1- Looking after your body- food and exercise 2 – Wellbeing - Earning respect, avoiding danger: pressure on young people to join gangs 3 – What next? thinking about the future 4- How does addiction impact mental health? 5 - Independent adult health management

	3 – making the most of the money we have 4 - how do people start their own business or charity? 5- Careers in a global economy 6- Bias and extremism	5 – Deepening your understanding of consent	
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LFL P16			
	Term 1 Welcome- wellbeing survey and roadmap to be completed prior to topics	Term 2	Term 3
Assessment Student to use work booklet format with teachers evidencing from the criteria on G4S's	Health and wellbeing 1 – Transitions (dealing with change) 2 - Help & support — trusted adults, signposting, early help 3 - Healthy Lifestyles- Vaping smoking and addiction 4 – Puberty & body changes 5 -Emergency response & basic first aid 6-Digital sleep hygiene	Relationships 1 -Types of relationship 2 - Be Kind: bullying & bystander action 3 -Conflict Management 4 -Online safety basics — digital footprint, misinformation, age limits	Living in the wider world 1 - Skills for learning 2 – Resilience 3 – British Values & Diversity 4 –Introduction to politics & government 5 – Growth Mindset

			6 – personal beliefs and attitudes
			7-Budgeting basics
			8-Online scams & phishing