# MAPLEWELL HALL SCHOOL

# **Maplewell Newsletter**

# **Preparing for Adulthood**

# Issue 16

# Yoga:

In yoga therapy, which is part of the Compass support, we have been practicing 'balloon yoga' to raise our endorphins, make our bodies stronger, improve mind and body connection, coordination and too have fun! We have also been practicing different mudras or hand gestures with our breathing exercises, to improve mental health.

This is the "Chonmukha Mukha Mudra" which calms the mind, ignites feelings of love and balances the energies in the body. Our deep breathing exercises reduce feelings of anxiety and negativity and make us feel happier!





# **Litter Picking:**

Year 9 took part in a litter pick as part of the stewardship unit in their beliefs and ethics lessons. The students walked around site, picking up all kinds of rubbish, making Maplewell super clean!







# World Mental Health Day:

This year at Maplewell, students dressed in vellow and took part in activities surrounding the importance of mental health.



SEND Local Offer Roadshow will be visiting 2 venues during November!

\*Evening event on Tuesday 8th November (6pm-8:30pm) at County Hall. Glenfield

\*Daytime event on Wednesday 23rd November (9:30am-2pm) at Loughborough Town Hall

The Roadshows bring together services that support children with SEND and their parent carers all in one place – more information and links to the Eventbrite bookings can be found here: https://bit.ly/ 3cD3GV6

14 OCTOBER 2022

# French Trip 2022:

Well over 1000 miles travelled, 33 awesome students, 10 member of dedicated staff and an action packed itinerary that showed us the very best things that Paris had to offer, and we are all set to do it again...

Maplewell students where an absolute credit to the school, to you as parents, but more importantly to themselves, they have broken through personal glass ceilings in our 5 days way from home. They pushed themselves beyond their own limits!

I trust that the students took my main aim and objectives – to create memories that would last a lifetime, I am more than confident that all students achieved this. I hope that they look back on this week with found memories.

I would like to say a huge thank you, to the staff that volunteered their own time away from their families to help out on this fantastic trip. Thank you, this could not have happened without your continuing patients and attentiveness to our wonderful students.

I would also like to mention Roberts Travel, based in Hugglescote, but more importantly to out coach driver Elton, who the students struck an instant connection with, he was so patient, kind and completely understanding of the needs of our students.

Letters should be coming out soon for France 23'

Thank you

Mr James







# Could you help provide opportunities for our students?

We are always looking for local businesses that will inspire and educate our students and expand our curriculum. If you can provide work experience, please give us a call on 01509 891906 or email nicholaroulston@maplewell.leics.sch.uk

# At the Fair:

The Year 7's enjoyed a trip to the Ashby Fair! The students were extremely well behaved and really enjoyed themselves!





## Art and DT:

Year 10 GCSE Art students have made a fantastic start to their course. They have been studying the American artist Wayne Thiebaud, who drew and painted sweets, ice cream, cakes and other desserts. The students have drawn in his style, using oil pastel, paint and coloured pencils, working from photographs of cakes and desserts!









In DT, 9BL learnt what a finger joint was and using the tenon and Coping saws, they made their own example. Next, they designed a desk tidy, thinking about images they could use for it. Many used their favourite characters, football teams or cars. After transferring their designs onto the wood, they added colour and then assembled their wooden pieces. They were really proud of their work and took their desk tidies home to use.



### Halloween Spooktacular Event:

In memory of Alex Holland :

Halloween Spooktacular Event Fund raising for Rainbows Hospice from Saturday 15th October - 31st October 2022 6pm - 8pm 21 Long Cliff Road Coalville LE67 4SW



