

Fresh Start

Phonics Catch Up Programme



What is Fresh Start?

- Fresh Start is a catch-up phonics programme designed to accelerate the progress of students with a reading age of >9.
- Each student following the programme has completed a Phonics Screening Test to assess the suitability of Fresh Start and determine their starting point.

<https://www.youtube.com/watch?v=tEMe4VytPko>



Who is it aimed at?

- Students in years 7, 8 and 9 with a reading age of 7 or under will be following the programme in their English lessons.
- All students will start with a recap of the 'Speed Sounds' before splitting off into small groups of students with similar reading ability.
- The work is split into themed modules, each with a different sound focus.



What are 'Speed Sounds'?

- Speed sounds are individual sounds which we teach students to read before being able to blend them together to make words.
- There are three sets of Speed Sounds which become increasingly complex.

<https://www.youtube.com/watch?v=EYx1CyDMZSc>



Speed Sounds Set 1

m a s d t

i n p g o

c k u b

f e l h sh r

j v y w

th z ch qu x ng nk

Set 1 are single sounds which can be blended together to create simple words – eg. c-a-t



Speed Sounds Set 2

ay: <u>ma</u> y I <u>pl</u> ay
ee: what can you <u>se</u> e
igh: fly <u>hi</u> gh
ow: <u>bl</u> ow the <u>sn</u> ow
oo: p <u>oo</u> at the z <u>oo</u>
oo: <u>loo</u> k at a <u>boo</u> k
ar: <u>st</u> art the <u>ca</u> r
or: shut the <u>do</u> or
air: that's not <u>fa</u> ir
ir: wh <u>ir</u> l and tw <u>ir</u> l
ou: sh <u>ou</u> t it <u>ou</u> t
oy: toy for a <u>bo</u> y

Set 2 speed sounds build on the final set of Speed Sounds 1, consisting of more than one letter to represent a single sound.

They are taught using phrases and pictures.



Speed Sounds Set 3

ea: cup of <u>tea</u>
oi: spo <u>il</u> the boy
a-e: make a cake
i-e: nice smile
o-e: phone home
u-e: huge brute
aw: <u>yawn</u> at <u>dawn</u>
are: <u>share</u> and <u>care</u>
ur: <u>purse</u> for a <u>nurse</u>
er: a better <u>letter</u>
ow: <u>brown</u> <u>cow</u>
ai: <u>snail</u> in the <u>rain</u>
oa: <u>goat</u> in a <u>boat</u>
ew: <u>chew</u> the <u>stew</u>
ire: <u>fire</u> <u>fire</u> !
ear: <u>hear</u> with your <u>ear</u>
ure: <u>sure</u> it's <u>pure</u> ?
tion: (celebr <u>ation</u>)
tious / ci <u>ous</u> : (scrumptious / delicious)
e: <u>he</u> <u>me</u> <u>we</u> <u>she</u> <u>be</u>

When learning Set 3 sounds, students will learn that there is more than one way in which a sound can be written – eg. *ee* as in *tree* and *ea* as in *tea*.

The sounds are made up of multiple letters which represent one sound.



How will progress be assessed?

- Phonics progress will be tracked on Go for Schools, with Speed Sound Sets and modules being ticked on the marksheet as they are completed.
- A Phonics Screening Test and reading test will be completed in Summer to assess final progress for the year.
- Progress may look to have stalled initially, due to the different marksheet used for phonics – ultimately though, the interventions will promote rapid progress when students rejoin the main curriculum.



How can I help my child at home?

- Practice the speed sounds
- Read together
- Use the correct pronunciation of the speed sounds when reading to sound out difficult vocabulary
- Resources are available to purchase – see handout



Further support

Email: r.ivin@maplewell.leics.sch.uk

Useful websites:

www.oxfordowl.com – lots of free phonics/reading resources

www.ruthmiskin.com/en/find-out-more/parents/ - videos showing how to pronounce sounds and links to purchase resources

